Managing large cohorts and collecting data on mobility and health behaviour : Novel solutions and challenges



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Aim

Presentation of tools/methods that facilitate the collection of data in large cohorts (with a focus on spatial data)

Three tools that have been pilot tested or implemented in existing cohort studies

- Tool 1: Study Management Application
- Tool 2: VERITAS interactive mapping questionnaire
- Tool 3: Multisensor platform for real-time tracking

Managing a cohort

Large cohorts \rightarrow All kinds of challenges!



Managing a cohort



Managing a cohort

Transversal Challenges!



Tool 1: Cohort Management Application

Use of a study management application to manage

- People
- Procedures
- Questionnaires
- Devices
- Procedures

SNAPP[®] Application de gestion d'études

Questionnaires Usagers Activités

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Usagers [7936]

#	Coho.	Prénom	Nom	ID Usager	Туре 👔	Temps	Étape 👔	Statut 👔	Qrt	S/R	AVD
7913	C-03			306093	POT	T-03	INI	INI	VER	088.00	1041
7914	C-03			306094	POT	T-03	INI	INI	VER	088.00	1034
7915	C-03			306095	POT	T-03	REC	ACT	VER	085.00	1047
7916	C-03			306096	POT	T-03	INI	INI	VER	088.00	1041
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7918	C-03			306098	POT	T-03	INI	INI	VER	087.00	1028
7919	C-03			306099	POT	T-03	INI	INI	VER	088.00	1034
7920	C-03			306100	POT	T-03	INI	INI	VER	302.00	1144
7921	C-03			306101	POT	T-03	INI	INI	VER	311.00	1213
7922	C-03			306102	POT	T-03	INI	INI	VER	093.00	1035
7923	C-03			306103	POT	T-03	INI	INI	VER	311.00	1170
7924	C-03			306104	POT	T-03	INI	INI	VER	087.00	1031
7925	C-03			306105	POT	T-03	INI	INI	VER	310.00	1193
7926	C-03			306106	POT	T-03	INI	INI	VER	311.00	1163
7927	C-03			306107	POT	T-03	INI	INI	VER	093.00	1035
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Usagers	[79	36]	
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Téléphone Portable 438-738-4798 Disponibilité (sem.)

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	INI	VER	311.00	1172	
	INI	VER	087.00	1031	
	INI	VER	088.00	1038	
EC	NRE	VER	305.00	1222	
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5	EVT	FIN	GEN	INTERVIEW (QUESTIONNAIRE)	2007-11-20	2007-11-20	INT004	10	PAR	T-01	FIN	CO
6	EVT	FIN	GEN	INTERVIEW (QUESTIONNAIRE)	2009-09-23	2009-09-23	INT004	10	PAR	T-02	INT	CO
7	EVT	FIN	GEN	INTERVIEW (QUESTIONNAIRE)	2012-02-23	2012-02-23	INT011	10	PAR	T-03	INT	CO
8	EVT	FIN	GEN	INTERVIEW (QUESTIONNAIRE)	2008-06-23	2008-06-23	INT004	145	PAR	T-01	INT	NIM
9	EVT	FIN	GEN	INTERVIEW (QUESTIONNAIRE)	2012-04-12	2012-04-12	INT001	167	PAR	T-03	FIN	CO
10	EVT	FIN	GEN	INTERVIEW (QUESTIONNAIRE)	2008-08-18	2008-08-18	INT001	167	PAR	T-01	INT	CO
11	EVT	FIN	GEN	INTERVIEW (QUESTIONNAIRE)	2010-04-12	2010-04-12	INT001	167	PAR	T-02	INT	CO
12	EVT	FIN	GEN	INTERVIEW (QUESTIONNAIRE)	2012-04-17	2012-04-17	INT001	168	PAR	T-03	INT	CO
13	EVT	FIN	GEN	INTERVIEW (QUESTIONNAIRE)	2008-02-18	2008-02-18	INT001	168	PAR	T-01	INT	CO
14	EVT	FIN	GEN	INTERVIEW (QUESTIONNAIRE)	2009-11-16	2009-11-16	INT001	168	PAR	T-02	INT	CO
15	EVT	FIN	GEN	INTERVIEW (QUESTIONNAIRE)	2011-12-22	2011-12-22	INT001	207	PAR	T-03	INT	DH2
16	EVT	FIN	GEN	INTERVIEW (QUESTIONNAIRE)	2007-08-13	2007-08-13	INT006	207	PAR	T-01	INT	COI
17	EVT	FIN	GEN	INTERVIEW (QUESTIONNAIRE)	2009-12-22	2009-12-22	INT001	207	PAR	T-02	INT	CO
18	EVT	FIN	GEN	INTERVIEW (QUESTIONNAIRE)	2007-11-19	2007-11-19	INT017	208	PAR	T-01	INT	COI
19	EVT	FIN	GEN	INTERVIEW (QUESTIONNAIRE)	2009-09-10	2009-09-10	INT005	208	PAR	T-02	INT	COI
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APPR Application de gestion d'études

Matériel

Adaptée pour l'enquête populationnelle ZE de l'Institut universitaire en santé mentale

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Usagers Activités

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Study Management Application

- A comprehensive application to manage cohorts
- Facilitates the process
- Keeps track of activities
- Integrates questionnaires

Tool 2: Spatial data collection tool

- Environmental determinants increasingly at stake, both as a cause of disease, social health inequalities, and as a target for intervention
- Current shift to improve integration of daily mobility and multiple exposures in epidemiological models

Collecting spatial information

- Tools to collect location information include:
 - Residential history questionnaires lifecourse
 - Travel surveys often one day of detailed mobility
 - Activity space questionnaires asking people's regular destinations
 - Real-time tracking using GPS receivers











VERITAS, an online mapping questionnaire

- Uses an interactive map to collect spatial data
- Can be administered or self-administered
- Flexible and scalable
- Allows to collect information on locations, routes, spaces and related qualitative assessment
- Is linked to mapping and search APIs to facilitate the process and increase validity (Openstreetmap, Google Map, etc.)

VERITAS

A series of questions which can be answered on a map through creation of:

- A point location (marker)
- A line (polyline)
- An area (polygon)

Map searching capabilities / streetview functionalities can help identifying known locations/destinations.

VERITAS

Example: Where do you shop for food most often?





- Illustration: VERITAS in the RECORD Study
- RECORD Study: Large Paris area cohort on Cardiovascular health (n = 8,000)
- Wave 1 in 2007-2008, Wave 2 in 2012-2014
- VERITAS RECORD administered to some 4,800 participants as of today
- 27 spatial questions including destinations for food shopping, sport activities, leisure, friends, family, etc.
- Over 65,000 locations collected Median of 14 locations collected per participant
- Median completion time of 20 minutes

VERITAS RECORD

- Rich spatial information on regular destinations which can serve to identify multiple environmental exposures and inequalities
- Spatial information transformed into spatial indicators to feed epidemiological models (Activity space size, maximum distance, concentration etc.) (Camille Perchoux, Ph.D. candidate)
- Interesting information to monitor spatial health inequalities, mobility behaviour and guide intervention in the distribution of resources/infrastructures

Tool 3: A multisensor platform for realtime tracking

- Self-reported locations vs. objective measures
- Multisensor device for tracking of:
 - Mobility (GPS, RFID)
 - Physical activity (Accelerometer)
 - Physiology (Various sensors)

Multisensor platform



Multisensor platform











GPS performance validation

Spatial accuracy

Time to First Fix (TTFF)

Indoor – Outdoor

Fixed - Moving



Average of dist_moy	Column Labels 📑				
Row Labels	Etrex	HTC	MS	Qstarz	Grand Total
■Indoor					
l cold	13,6	9,0	7,7	16,7	12,3
Brick building, hallway	14,1	5,7	4,1	15,4	10,4
Brick building, window	14,4	12,4	7,6	15,5	12,5
Concrete building, window	12,3		11,6	19,4	14,4
🗏 hot	12,9	11,3	10,0	15,5	12,6
Brick building, hallway	11,2	7,2	6,3	15,8	10,5
Brick building, window	7,6	5,0	6,9	12,8	8,5
Concrete building, window	19,9	21,8	16,9	17,9	18,7
🗏 warm	14,0	13,5	20,3	15,8	16,1
Brick building, hallway	10,4	15,6	22,1	11,1	14,8
Brick building, window	7,8	10,4	21,7	13,2	13,7
Concrete building, window	23,8	12,2	17,0	23,0	20,0
Outdoor					
l cold	7,8	16,6	11,0	17,6	13,0
Narrow streets	21,4	20,0	16,2	35,3	23,2
Open surroundings	2,8	12,0	1,4	1,1	4,3
Residential areas	2,4		4,1	0,9	2,5
Sky scrapers	4,7	17,8	22,2	33,0	19,4
🗏 hot	5,5	10,6	3,4	4,8	6,1
Narrow streets	12,9	18,6	4,9	9,5	11,5
Open surroundings	1,5	1,8	2,2	1,8	1,8
Residential areas	3,2	3,4	1,9	3,1	2,9
Sky scrapers	4,4	18,4	4,6	4,8	8,5
🗏 warm	8,6	9,1	6,5	10,0	8,5
Narrow streets	26,7	21,9	16,2	20,5	21,3
Open surroundings	3,0	5,4	3,3	4,1	3,9
Residential areas	4,1	4,6	2,8	5,0	4,1
Sky scrapers	5,0	8,9	7,4	15,2	9,1
Grand Total	10.3	11.4	9.5	13.0	11.0



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Row Labels	Etrex	HTC	MS	Qstarz	Grand Total
■Indoor					
⊟ cold	136,3	255,0	33,2	86,3	102,3
Brick building, hallway	68,0	104,0	12,5	23,0	44,4
Brick building, window	252,0	406,0	9,5	193,0	187,9
Concrete building, window	89,0		77,5	43,0	69,8
🗏 hot	18,5	181,3	5,5	13,5	36,6
Brick building, hallway	6,5	82,0	6,0	2,5	16,0
Brick building, window	41,0	143,0	4,0	35,0	43,3
Concrete building, window	8,0	319,0	6,5	3,0	50,6
🗏 warm	101,7	293,3	46,5	204,7	149,5
Brick building, hallway	27,0	563,5	0,0	69,0	164,9
Brick building, window	107,0	26,0	84,5	191,0	113,0
Concrete building, window	171,0	20,0	55,0	354,0	168,6
Outdoor					
⊟ cold	37,8	171,7	26,0	40,5	62,1
Narrow streets	44,0	247,0	36,0	40,0	91,8
Open surroundings	39,0	104,0	37,0	57,0	59,3
Residential areas	26,0		20,0	26,0	24,0
Sky scrapers	42,0	164,0	11,0	39,0	64,0
🗏 hot	16,5	36,1	21,9	10,1	21,5
Narrow streets	11,5	110,0	29,0	12,5	40,8
Open surroundings	10,5	15,0	4,5	1,0	7,8
Residential areas	8,5	10,0	7,5	3,0	7,3
Sky scrapers	35,5	9,5	46,5	38,0	31,6
⊡warm	26,4	46,8	39,4	31,6	36,1
Narrow streets	40,0	45,0	45,0	40,0	42,5
Open surroundings	21,0	36,0	45,0	35,0	34,3
Residential areas	30,0	68,5	44,5	29,5	43,1
Sky scrapers	11,0	16,0	18,0	24,0	17,3
Grand Total	55,8	130,6	28,2	65,2	65,3



Marie-Lyse Bélanger, M.Sc. Student in kinesiology Accelerometer validation using indirect calorimetry Lab – 14 controlled exercises from sedentary to vigouros PA Eleven adult subjects Calculation of Vertical Magnitude Acceleration (VMAG) Testing of various bandpass filters Comparison with Actigraph GT3X performence

Best results obtained with Bandpass filter 0.1 Hz – 3.5 Hz Modelling of Energy Expenditure: Adj. R-square of .79 Use of Vector Body Dynamic Acceleration (VEDBA)



Strong battery (3200 mAh)

Axelle Chevallier, M.Sc. Student in Electrical Engineering Mohamad Sawan, Professor, Electrical Engineering

Battery optimisation algorithm

- Movement
- Location and movement









Figure 6-8 Décharge de pile avec et sans détection des lieux d'activité



GPS Data sent over the air (cellphone network) every 30 minutes

Possible alerts depending on

- Location
- Activity
- Time

Connection to other sensors (2.4 GHz ANT+) Heart rate monitor, footpod, RFID tags, etc.



Issues in data processing

Transforming raw GPS data into meaningful and useful information, combining with accelerometry

- 'Putting things into context'
- Activity locations
- Trips between locations





Usage

Using GPS/Accel to locate behaviour and assess exposure

Improve the understanding of mechanisms linking environments to health behaviours and profiles

Use GPS to prompt recall and gain additional insight

Use GPS to support qualitative studies (go-along, geoethnography, geo-tagged photos, environmental perception, etc.)

Use GPS/Accel data to assist clinical practice (mHealth)









- Number of steps walked
- Energy expenditure
- Moderate to Vigorous physical activity
- Sedentary time

Analyses possible at the trip level and by travel mode







During wear time, transportation was responsible for:

- 39% of steps walked
- 32% of total energy expenditure
- 33% of MVPA
- 15% of sedentary time







Geographic variations in contribution of transport to physical activity

	Geographic location (vs. far suburb)				
	Proximate suburb	Paris			
% of steps	+3.3% (-1.8%, +8.3%)	+11.6% (+6.1%, +17.1%)			
% of EE (Sasaki)	+2.9% (-1.8%, +7.5%)	+11.8% (+6.7%, +16.9%)			
% of MVPA	+2.7% (-2.2%, +7.6%)	+12.8% (+7.4%, +18.2%)			
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	Geographic location (vs. far suburb)		
	Proximate suburb	Paris	
Steps (#)	+ 2451 (-1854, +6756)	+7205 (+2526, +11884)	
EE (Sasaki) (kcals)	+113 (-113, +339)	+269 (+22, +516)	
MVPA (mn)	+18 (-19, +56)	+54 (+13, +94)	







Differences in PA compared to car driving, per 10 min of trip (n=4,984 trips with unique mode)

	Mn of MVPA per 10 mn of trip	Mn of sedentary time per 10 mn of trip	Kcal of energy expenditure (Sasaki)
Transportation mode			
(vs. car driving)			
Car, passenger	-0.3 (-0.8, +0.1)	+0.5 (+0.1, +0.9)	-2.0 (-4.9, +0.8)
2-wheel motor vehicle	+0.1 (-0.5, +0.6)	-1.7 (-2.2, -1.2)	+1.4 (-2.0, +4.8)
Metro	+1.9 (+1.5, +2.2)	-1.0 (-1.3, -0.7)	+10.0 (+7.9, +12.0)
Bus / coach	+1.1 (+0.6, +1.6)	-0.5 (-1.0, -0.1)	+7.1 (+4.0, +10.1)
Train	+2.0(+1.5, +2.6)	-0.5 (-1.0, -0.0)	+12.9 (+9.5, +16.3)
Tramway	+3.6 (+1.8, +5.3)	-1.8 (-3.4, -0.2)	+16.0 (+5.3, +26.6)
Biking	+0.7 (+0.2, +1.2)	-3.0 (-3.4, -2.5)	+6.0 (+2.9, +9.1)
Walking	+3.9 (+3.7, +4.1)	-3.1 (-3.3, -3.0)	+22.7 (+21.6, +23.7)

Conclusion

- Large cohorts = challenges!
- A study management tool to manage people, processes and questionnaires
- An interactive mapping questionnaire to collect rich spatial data
- A multisensor platform to collect data on mobility, behaviour and health

Thank you!











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